

# ELIGIBILITY

The exhibit is open to individuals who experience various forms of mental illness. Art mediums that will be accepted include paintings, drawings, 2 & 3 dimensional, poems, photography and essays.

Each artist may submit up to 3 original works for consideration. The jury



committee reserves the right to refuse work that is not in keeping with the spirit of the exhibit. We encourage participation from a diverse audience

and subject matter.

All works must be labeled with the artist's name, title, date, mediums used, price - if available for sale, and indicate top and bottom of work. Please include a current Artist History/Bio. Please note that if you wish to remain anonymous we will honour this request.

If for any reason you are unable to send a digital picture of your piece, we will accommodate your request. Our volunteers will stop by and take the photo of your art piece for jury selection.

*In Association with:*



Trillium House  
Fine Art Gallery

The exhibit celebrates the role and the creation of art that connects the human spirit to Spirit, and the healing power of that connection for those who experience mental illness.

"The Healing Palette" is a project created by and for people with mental illness.

*"As a survivor, I have learned to see my illness not so much as a disease to be cured, but as a precarious gift to be cultivated and cared for."*

*Deb Underwood - Artist*

We aim to transform and expose the culture and language of mental illness. This fall as part of that effort, the "Art as Expression of Spirit" exhibit, in partnership with St. Joseph's Regional Mental Health Care St. Thomas and The Trillium House Fine Art Gallery, are excited to present "The Healing Palette". Now in its' 3rd year, the exhibit will feature works of art from local artists of St. Thomas and the surrounding communities. Log on to our website to view previous Healing Palette art exhibits!

Website: [www.thehealingpalettehome.com](http://www.thehealingpalettehome.com)

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## The Healing Palette

3rd Annual Art Exhibit

**Oct 2 - Nov. 5, 2008**

Trillium House Fine Art Gallery  
563 Talbot Street  
St. Thomas, ON N5P-1C5  
519-637-8354

**OPENING RECEPTION**  
561 Talbot St. - Masonic Temple Hall  
Next Door to Trillium House  
**Friday, October 3, 2008**  
**7:30 - 9:00 p.m.**

*Invited Guest Speaker:*

Anne Sloboda - Art Therapist,  
St. Joseph's Regional Mental Health Care  
St. Thomas

*Artists' Preview*

**THURSDAY, OCTOBER 2, 2008**  
**2:00 - 3:30 P.M.**